



How can you get involved?

1. Host a shoe party at your home/office/ civic organization and collect new or gently used shoes and handbags for Ozark Guidance.
2. Contact local businesses to become sponsors.
3. Write emails to your family and friends and challenge them to donate as many shoes and handbags as you are.
4. Fill a basket of your favorite things for the silent auction.
5. Volunteer at the Walk A Mile In My Shoes... Sale event.
6. Share information about the event on your facebook and twitter accounts and "like" the walk a mile in my shoes... sale page on facebook.
7. Bring family and friends to the Sale!

Why

Ozark Guidance is hosting the Walk A Mile In My Shoes... Sale on Saturday, January 28th at Arvest Ballpark.

How it helps

The event focuses awareness on mental health and brings to light how many people are affected each year with mental illness. Proceeds from the sale will help children and families that can't afford mental health services.

For more Information: contact Ozark Guidance at
479.695.1240

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Ozark Guidance

Walk a Mile *In my shoes... Sale* for Mental Wellness Awareness



Ozark  Guidance

Saturday, January 28th
Arvest Ballpark

